

23rd Asian Athletics Championships – Doha, Qatar

21 – 24 April 2019

Time Table

Day	Start Time	Event	Gender	Phase
21st April	08:30	800m	Women	Round 1
21st April	08:35	Discus Throw	Men	Qualification
21st April	08:52	Triple Jump	Men	Qualification
21st April	08:55	800m	Men	Round 1
21st April	09:30	400m	Women	Round 1
21st April	09:56	400m	Men	Round 1
21st April	16:00	Opening Ceremony		
21st April	16:40	4x100m	Boys	Final
21st April	17:05	Javelin Throw	Women	Final
21st April	17:08	Long Jump	Women	Qualification
21st April	17:10	400m Hurdles	Women	Round 1
21st April	17:32	400m Hurdles	Men	Round 1
21st April	17:45	Pole Vault	Men	Final
21st April	18:00	5000m	Women	Final
21st April	18:23	100m	Women	Round 1
21st April	18:54	100m	Men	Round 1
21st April	19:37	5000m	Women	VC
21st April	19:45	400m	Men	Semi Final
21st April	19:47	Shot Put	Women	Final
21st April	20:08	400m	Women	Final
21st April	20:15	Discus Throw	Men	Final
21st April	20:16	Javelin Throw	Women	VC
21st April	20:24	3000m SC	Men	Final
21st April	20:40	400m	Women	VC
21st April	20:45	Pole Vault	Men	VC
21st April	20:54	10000m	Men	Final
21st April	21:25	3000m SC	Men	VC
21st April	21:30	Shot Put	Women	VC

Day	Start Time	Event	Gender	Phase
22nd April	08:31	High Jump	Women	Qualification
22nd April	08:32	Javelin Throw	Men	Qualification
22nd April	08:33	5000m	Men	Round 1
22nd April	08:36	Triple Jump	Women	Qualification
22nd April	08:45	Shot Put	Men	Qualification
22nd April	09:06	1500m	Women	Round 1
22nd April	09:25	100m	Men	Decathlon 1
22nd April	09:47	100m Hurdles	Women	Heptathlon 1
22nd April	10:10	800m	Men	Semi-Final
22nd April	10:15	Long Jump	Men	Decathlon 2
22nd April	10:30	4 x 100m	Women	Round 1
22nd April	10:48	High Jump	Women	Heptathlon 2
22nd April	10:50	4 x 100m	Men	Round 1
22nd April	16:30	100m	Girls	Schools
22nd April	16:40	100m	Girls	National
22nd April	16:50	Discus Throw	Men	VC
22nd April	16:55	10000m	Men	VC
22nd April	17:03	Javelin Throw	Men	Final
22nd April	17:05	Shot Put	Men	Decathlon 3
22nd April	17:06	Shot Put	Women	Heptathlon 3
22nd April	17:10	400m Hurdles	Women	Final
22nd April	17:20	Triple Jump	Men	Final
22nd April	17:22	400m Hurdles	Men	Final
22nd April	17:32	100m	Women	Semi Final
22nd April	17:48	100m	Men	Semi Final
22nd April	18:12	400m Hurdles	Women	VC
22nd April	18:20	400m	Men	Final
22nd April	18:30	400m Hurdles	Men	VC
22nd April	18:40	800m	Women	Final
22nd April	18:46	Shot Put	Men	Final
22nd April	18:55	400m	Men	VC
22nd April	19:02	High Jump	Men	Decathlon 4
22nd April	19:05	800m	Men	Final
22nd April	19:14	Hammer Throw	Women	Final
22nd April	19:15	Javelin Throw	Men	VC
22nd April	19:20	Triple Jump	Men	VC
22nd April	19:28	Long Jump	Women	Final
22nd April	19:30	800m	Women	VC
22nd April	19:40	200m	Women	Heptathlon 4
22nd April	20:05	100m	Women	Final
22nd April	20:15	Shot Put	Men	VC
22nd April	20:24	100m	Men	Final
22nd April	20:32	800m	Men	VC
22nd April	20:37	100m	Women	VC
22nd April	20:46	400m	Men	Decathlon 5
22nd April	20:55	100m	Men	VC
22nd April	21:00	Hammer Throw	Women	VC

Day	Start Time	Event	Gender	Phase
23rd April	08:30	110m Hurdles	Men	Decathlon 6
23rd April	08:37	Long Jump	Women	Heptathlon 5
23rd April	08:40	High Jump	Men	Qualification
23rd April	08:50	110m Hurdles	Men	Round 1
23rd April	09:15	100m Hurdles	Women	Round 1
23rd April	09:25	Discus Throw	Men	Decathlon 7
23rd April	09:45	4 x 400m	Mixed	Round 1
23rd April	10:50	Javelin Throw	Women	Heptathlon 6
23rd April	11:30	Pole Vault	Men	Decathlon 8
23rd April	16:30	100m	Boys	Schools
23rd April	16:40	100m	Boys	National
23rd April	16:50	Long Jump	Women	VC
23rd April	17:02	Javelin Throw	Men	Decathlon 9
23rd April	17:05	200m	Men	Round 1
23rd April	17:08	Long Jump	Men	Qualification
23rd April	17:10	Pole Vault	Women	Final
23rd April	17:50	3000m SC	Women	Final
23rd April	18:05	800m	Women	Heptathlon
23rd April	18:20	200m	Women	Round 1
23rd April	18:50	Triple Jump	Women	Final
23rd April	18:54	3000m SC	Women	VC
23rd April	19:00	Heptathlon	Women	VC
23rd April	19:08	High Jump	Women	Final
23rd April	19:10	1500m	Men	Decathlon
23rd April	19:13	Hammer Throw	Men	Qualification
23rd April	19:20	1500m	Men	Round 1
23rd April	19:43	Decathlon	Men	VC
23rd April	19:55	4 x 100m	Women	Final
23rd April	20:05	4 x 100m	Men	Final
23rd April	20:15	Pole Vault	Women	VC
23rd April	20:25	4 x 400m	Mixed	Final
23rd April	20:35	Triple Jump	Women	VC
23rd April	20:40	High Jump	Women	VC
23rd April	20:49	10000m	Women	Final
23rd April	20:55	4 x 100m	Women	VC
23rd April	21:00	4 x 100m	Men	VC
23rd April	21:05	4 x 400m	Mixed	VC

Day	Start Time	Event	Gender	Phase
24th April	08:30	200m	Women	Semi Final
24th April	09:00	200m	Men	Semi Final
24th April	09:30	4 x 400m	Women	Heats
24th April	10:00	4 x 400m	Men	Heats
24th April	16:40	4x100m	Girls	Final
24th April	16:50	10000m	Women	VC
24th April	17:04	Discus Throw	Women	Final
24th April	17:05	100m Hurdles	Women	Final
24th April	17:15	110m Hurdles	Men	Final
24th April	17:30	200m	Women	Final
24th April	17:36	High Jump	Men	Final
24th April	17:39	100m Hurdles	Women	VC
24th April	17:46	Long Jump	Men	Final
24th April	17:48	200m	Men	Final
24th April	17:58	110m Hurdles	Men	VC
24th April	18:06	1500m	Women	Final
24th April	18:15	200m	Women	VC
24th April	18:24	1500m	Men	Final
24th April	18:36	200m	Men	VC
24th April	18:41	1500m	Women	VC
24th April	18:50	Hammer Throw	Men	Final
24th April	18:53	5000m	Men	Final
24th April	19:12	Discus Throw	Women	VC
24th April	19:17	1500m	Men	VC
24th April	19:22	Long Jump	Men	VC
24th April	19:30	4 x 400m	Women	Final
24th April	19:40	5000m	Men	VC
24th April	19:50	4 x 400m	Men	Final
24th April	20:05	High Jump	Men	VC
24th April	20:10	4 x 400m	Women	VC
24th April	20:20	Hammer Throw	Men	VC
24th April	20:25	4 x 400m	Men	VC
24th April	20:30	Closing Ceremony		